

Sexual Medicine Group – Fellowship Training Experience in Brazil

Centro Universitário Faculdade de Medicina do ABC
São Paulo Metropolitan Area, Brazil

The **Sexual Medicine Group** at **Centro Universitário Faculdade de Medicina do ABC**, coordinated by **Leonardo Seligra Lopes MD PhD** under the leadership of the urology division chair **Sidney Glina MD PhD**, offers a distinctive training experience in **andrology, male sexual health, and reconstructive sexual medicine** in Brazil.

Designed for candidates seeking meaningful immersion in a high-level clinical and surgical setting, this program provides a structured observership and fellowship exposure centered on **real-world decision-making, advanced outpatient care, surgical training, and academic development**. The experience is especially valuable for physicians pursuing comprehensive formation in **sexual medicine and andrology**, with direct contact with complex cases, contemporary therapeutic strategies, and evidence-based practice.

Participants are integrated into the routine of a specialized **Male Health outpatient service three times per week**, following consultations and case discussions across a broad spectrum of conditions in sexual medicine and andrology. This includes exposure to patients with:

- erectile dysfunction, including complex and treatment-refractory cases
- Peyronie's disease, including severe deformity and surgical candidates
- testosterone deficiency and testosterone therapy follow-up
- penile fibrosis and post-procedural complications
- survivorship care and long-term sexual health management

This outpatient experience allows candidates to observe not only diagnostic reasoning and treatment selection, but also the subtleties of **patient counseling, expectation management, longitudinal follow-up, and escalation of therapy** in daily clinical practice.

The program also includes a dedicated period of **penile Doppler ultrasound with pharmacologically induced erection**, an essential component of contemporary sexual medicine practice. For candidates interested in a complete formation in male sexual medicine, this diagnostic experience adds an important layer of structured clinical learning.

A major strength of the program is the opportunity to participate in **three surgical periods per week**, with operative exposure spanning the core procedures of **andrology and sexual medicine**.

Depending on the weekly schedule, participants may observe procedures such as:

- penile prosthesis implantation
- surgical correction of penile curvature in Peyronie's disease
- varicocele repair

- circumcision
- hydrocelectomy
- vasectomy
- selected reconstructive and andrological procedures

In addition to routine cases, the service also offers contact with more challenging surgical scenarios, including **severe penile fibrosis, reimplantation after prosthesis infection, and difficult corporal reconstruction cases.**

The academic structure of the group is one of its defining strengths. Participants are involved in a **weekly scientific meeting** that includes lectures and discussion of clinical cases relevant to sexual medicine, andrology, and male health. In addition, the program includes a **weekly online academic meeting** dedicated to three complementary pillars:

- discussion of guideline-based topics
- scientific research development
- journal club

This combination creates a rich academic environment in which clinical practice is constantly connected to current literature, guideline interpretation, and scientific production.

This training opportunity is particularly attractive for candidates from the partnership between the **Sociedade Latino-Americana de Medicina Sexual** and the **Sexual Medicine Society of North America**, as it combines several key elements expected from a strong international fellowship experience.

Rather than focusing solely on procedural observation, the program is built around **clinical reasoning, indication refinement, individualized treatment strategy, and academic maturity.** It is therefore especially suited for candidates seeking not only technical exposure, but also a broader and more sophisticated understanding of the field.

We sincerely hope that selected candidates will make the most of this unique opportunity for academic and clinical immersion in sexual medicine and andrology. We are confident that this experience will provide meaningful exposure to high-level outpatient care, diagnostic evaluation, surgical practice, and scientific discussion within a dynamic academic environment. Our team remains fully available to assist candidates throughout the entire process and to support them in making this training experience both productive and rewarding.

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Coordinator, Sexual Medicine Group

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